



**Food Pantry 5K**  
**RUN / WALK**  
**MIDDLEBORO MA**

**Food Pantry 5K Run/Walk**  
**Middleboro, Massachusetts**  
**April 28, 2019**  
**Run/Walk begins at 10 AM**



**Registration Form**

*Your COMPLETED registration form must be SIGNED and accompanied with a CHECK for the appropriate amount*

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Age on Day of Race: \_\_\_\_\_ Gender:  M  F Date of Birth: \_\_\_\_\_

Email Address (optional): \_\_\_\_\_

Event (select one):  RUN  WALK

Shirt Size: SMALL  MEDIUM  LARGE  XL

**Registration Fee:**

Early \$20 (must be postmarked by April 23, 2018)  
 Race day \$25  
 Student \$15

**Make Checks Payable to Society of St. Vincent de Paul**

Total Payment Enclosed \$ \_\_\_\_\_

**Return completed application form and payment to:**

Food Pantry 5K  
 Society of St. Vincent de Paul  
 P.O. Box 1381  
 Middleboro, MA 02346

**Waiver and Release from Liability**

I know that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run/walk. I assume all risks associated with running this event including but not limited to: falls contact with other participants, the affect of the weather, including low or high temperatures/humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I myself and anyone entitled to act on my behalf waive and release the Society of St. Vincent de Paul, its officers, members, race volunteers, the Town of Middleboro and its Departments and employees and all sponsors, their representatives, employees and successors from any and all claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that skate boards and bicycles are not allowed in this run/walk.

\_\_\_\_\_  
 Signature and Date

\_\_\_\_\_  
 Signature of Parent/Legal Guardian if under 18